

I. COURSE DESCRIPTION:

- A. Department Information:
Division: Social Science
Department: Human Services
Course ID: HUMSV 195B
Course Title: Human Services Intern Seminar II
Units: 1
Lecture: 1 Hour
Laboratory: None

DEPARTMENTAL ADVISORY; Complete at least four Human Services courses required for any of the Human Services Department Certificates (excluding the Alcohol/Drug Studies Certificate).

- B. Catalog and Schedule Description: An introduction to applied strategies for crisis intervention, case analysis, and therapeutic interventions, and serves as a lecture-based foundation for students' work experience. STUDENTS MUST ALSO TAKE THE WORK EXPERIENCE CLASS THAT MATCHES THEIR CERTIFICATE GOAL (HUMSV 198 A-Z).

II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One

III. EXPECTED OUTCOMES FOR STUDENTS:

Upon successful completion of the course the student should be able to:

- A. Discuss and use current counseling strategies;
B. Analyze and report outcomes of counseling strategies.

IV. COURSE CONTENT:

- A. Counseling Approaches
B. The Mechanics of Change
C. Group Dynamics
E. Stages in Groups
F. Individual Counseling
G. Processes
H. Basic Skills and Strategies in Counseling
1. Active listening
2. Clarification and questioning
3. Summarizing
4. Linking
5. Information giving
6. Encouragement and support
7. Tone setting
8. Body language
9. Probing
10. Feedback
11. Attending
12. Paraphrasing
13. Reflecting
14. Self-disclosure
I. Evaluation of Cases

V. METHODS OF INSTRUCTION:

- A. Lecture
B. Directed Discussion
C. Small Group Discussion

D. Guest Speakers

VI. TYPICAL ASSIGNMENTS:

- A. Read assigned material and be ready for discussion or quiz.
- B. Submit a written research report of assigned length on a chosen topic.
- C. Report to class following small group discussion.
- D. Give an oral report on a counseling case or group that student has facilitated.
- E. Role-play a counseling session for class. Ask for input and evaluation.
- F. Explain briefly the major counseling treatment approaches.

VII. EVALUATION (S):

- A. Methods of Evaluation:
 1. Objective or essay examinations
 2. Evaluation of essays
 3. Presentations
 4. Skill exercises
 5. Term paper
- B. Frequency of Evaluation will vary with instructors and may include:
 1. One mid-term examination
 2. One final examination
 3. Weekly written assignments
 4. Term paper at end of semester

VIII. TYPICAL TEXT(S):

Varies with instructors but will include current references.

IX. OTHER SUPPLIES REQUIRED OF STUDENTS: None